



Rajarshi Shahu College of Pharmacy, Botha Road, Malvihir, Buldhana- 443001

National Service Scheme

Organized

Certificate Course of Youth Leadership Training Program

Date: 05/03/2022

Curriculum

All the registered students of YLTP course are hereby informed that there will be one week “**Certificate Course of Youth Leadership Training Program**” on 09/03/2022 to 16/03/2022 at 6:00 AM in Sakhal Bk Village. All are registered candidates are informed to attain the same. Take a note of it.

Schedule of course is as follows:

Sr. No.	Date	Topic to cover
1	10/03/2022	Yoga Practice, Sudarshankriya & Communication Skill
2	11/03/2022	Time management
3	12/03/2022	Team work techniques
4	13/03/2022	Self Confidence & High energy level
5	14/03/2022	Happiness and Peace
6	15/03/2022	Different Pranayama techniques
7	16/03/2022	Various of meditation techniques



The poster for the Youth Leadership Training Program (YLTP) features a central image of a man with a beard and a tilak on his forehead. The text 'YLTP' is prominently displayed in large, colorful letters. Below it, the title 'YOUTH LEADERSHIP TRAINING PROGRAM' is written in a stylized font. The poster is divided into sections: 'Learn' with 'Pranayam' and 'Sudarshan Kriya', 'Build' with a list of skills including Communication Skills, Time Management, Team work Techniques, Self Confidence, High Energy level, Happiness & Peace, Detailed Yogapractice, Different Pranayam Techniques, Varieites of Meditation methods, and The Great Shudharshan kriya. A 'Timing' section specifies '6am-9am' and '6pm-9pm'. A 'When' section indicates the dates '10th to 16th March 2022'. A 'Registration Link' is provided: https://www.artofliving.online/registration.php?event_id=477601. A 'Course donation' of 'Rs. 2000/-' is mentioned. Contact information for queries is given as 'Whatsapp or Call: 6369771440, 6397153812, 9886814432'. The poster also includes a logo for 'THE ART OF LIVING' and a diagram of 'LEADERSHIP' with various components like Challenges, Motivation, Vision, and Management.



Mr. Rohit Salkute
Coordinator



Principal
Rajarshi Shahu College of Pharmacy
Buldhana.

Dr. Shirish P. Jain
Principal