

**Program Information**

<b>Title of activity</b>	<b>: International Yoga Day</b>
<b>Topic</b>	<b>: International Yoga Day</b>
<b>Coordinator</b>	<b>: Mr. Yogesh Ubharhande</b>
<b>Convenor</b>	<b>: Dr. Shirish Jain, Principal</b>
<b>Date</b>	<b>: 21/06/2019</b>
<b>Time</b>	<b>: 6:30 AM</b>
<b>Objective of program</b>	<b>: To create awareness about importance of exercise &amp; yoga for healthy life.</b>
<b>Expected outcome</b>	<b>: Participants should do yoga &amp; exercise every day.</b>
<b>Funding agency</b>	<b>: NA</b>
<b>No. of participants</b>	<b>: 22</b>



**Rajarshi Shahu College of Pharmacy, Botha Road, Malvihir, Buldhana 443001**  
**Organized by**  
**National Service Scheme Program**

**Summary**

Its proud occasion of every Indian to celebrate “**International Yoga Day**”. 21<sup>st</sup> June is celebrated yoga day globally. Yoga day celebration organized in the college on 21<sup>st</sup> June 2019 at 06:30AM Mr. M. N. Deokar Sir, Assist Prof. Of R.S.C.P. Buldana. host the program they teach the different yoga exercise & their benefits.. They also focused on how yoga is helpful in stress management & prevention diseases. The HOD of P’ceutics Dr. P. N. Kendre, address the program and said the importance of exercise in our life. Mr. Y. B. Ubarhande NSS Program Officer & supporting staff took the effort for success of the program. The Programme were successfully organized under the guidance & support of Principal Dr. S.P. Jain Sir, for this celebration all staff members, NSS students, students of B. Pharm. were present.

  
Program Coordinator



(Seal of College)

  
Principal  
Rajarshi Shahu College of Pharmacy,  
Malvihir, Buldana.  
Principal